

St Brigid's Parish Cabinteely



A person was going through a very dark time, questioning the meaning of life, not feeling very purposeful or worthwhile, and feeling disconnected and unappreciated. Suddenly, they gazed up at the night sky, found themselves in awe of all the stars and constellations, and exclaimed, "I am here on purpose and I am loved!" Having been brought by God to this moment of intense connection and awareness, his life changed from that moment

If we are always preoccupied with the challenges, obligations, and stuff of daily life, we can easily miss the wonderful opportunities when the resurrected Christ is knocking at our door. If we open ourselves to the fullness of experience, we will find ourselves listening and embracing all that is around us, being caught up in the magnificence of creation's grandeur and knowing in our heart and soul that God is and I am.

While that sounds like a simple, tell-me-something-I don't-know kind of revelation, it is life changing when it takes root in the depth of a person's soul. Stumbling upon this awesome truth and internalizing it doesn't require an assent of the mind. It beckons for a claim on our soul. We find ourselves knowing something profound that cannot be explained or reasoned, but purely is. When we are caught up in an experience and encounter the truth, it doesn't matter how all of the pieces got put together. Truth is simply truth. The "my Lord and my God" responses we utter are not evoked because all of the pieces of faith and life make reasonable sense. The "my Lord and my God" affirmations come when we are lifted up out of our preoccupations and silliness and are in the presence of mystery and mercy.

God is mystery, one who is beyond our grasp but at the same time within our reach, knowable yet unknowable. And when in the presence of mystery, there comes an intense experience of mercy. We know deep within the essence of ourselves — and in the very life of creation — this beating, unconditionally accepting, life-sustaining, profound, mysterious yet familiar presence of love. We have found our peace. "Peace be with you." Breathe in and breathe out. Peace.

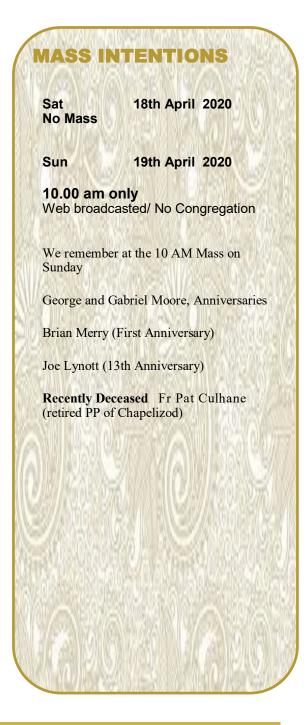


www.cabinteelyparish.ie info@cabinteelyparish.ie Fr. Aquinas Duffy 01 5672374 pp@cabinteelyparish.ie Fr Arthur O'Neill and Fr Tom O'Keeffe

Parish Office/Sacristy 01 2858835



# WEEKLY NEWSLETTER 19th April 2020



# 2<sup>nd</sup> SUNDAY OF EASTER

Thomas answered and said to him, "My Lord and my God!" Jesus said to him, "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed." —In 20:28-29

Excerpts from the Lectionary for Mass @2001, 1998, 1970 CCD.

# Pause For Prayer.

The Parish Pastoral Council are inviting people to pause for prayer at **12 Noon** each day to pray for healing, hope and inspiration during these difficult and challenging times.

## A Prayer in the Time of the Coronavirus

Almighty and All-loving God, Father, Son and Holy Spirit, we pray to you through Christ the Healer for those who suffer from the Coronavirus Coved–19 in Ireland and across the world.

We pray too for all who reach out to those who mourn the loss of each and every person who has died as a result of contracting the disease.

Give wisdom to policymakers, skill to healthcare professionals and researchers, comfort to everyone in distress and a sense of calm to us all in these days of uncertainty and distress

This we ask in the name of Jesus Christ our Lord. who showed compassion to the outcast acceptance to the rejected and love to those to whom no love was shown. **Amen**.

> Archbishop Michael Jackson Dublin & Glendalough

# Support Services for Older and Vulnerable People

Dún Laoghaire-Rathdown Helpline 01 271 3199. Opens 9am every day. E mail covidsupport@dlrcoco.ie

Age Action and the Irish Red Cross have raised funds to provide additional assistance to older and vulnerable people around Ireland who are experiencing hardship as a result of the COVID-19 pandemic by making once-off grants, up to a maximum of €500, per person/household affected. Email: <u>hardship2020@redcross.ie</u> Phone: Irish Red Cross at 01 6424600 or Tel: (01) 475 6989 Lo Call: 1890 369369

## The Samaritans

Available round the clock, 24 hours a day, 365 days a year. If you need a response immediately, it's best to call on the phone. This number is FREE to call. **Tel: 116 123 Email:** samaritans.org

#### Pieta House

Pieta provides free therapy to those engaging in self-harm, with suicidal ideation, or bereaved by suicide. Freephone and no referral needed. Tel: **1800 247 247** 

Jigsaw

Offering younger people going through a hard time, or for those worried about a young person in your life. <u>www.jigsaw.ie/news-and-events/post/covid-19-what-were-doing</u>

The Church & Parish Pastoral Centre are closed until further notice.

Mass broadcast. During the current Public Health Emergency, Mass is broadcast from St Brigid's Church on Mondays to Fridays at 10 AM and on

Sundays at 10 AM at www.cabinteelyparish.ie

Foxrock Church also broadcast Mass Monday to Saturday at 10 AM and on Sundays at 11.30 AM. See <u>www.foxrockparish.ie</u>

Our neighbouring Parish Johnstown-Killiney now have a live web camera for the broadcast of their services. See

> http://www.churchservices.tv/ johnstownourlady

#### Sunday Collections.

You can now contribute to the First Collection (Common Fund which supports Priests) and Second Collection (Share which helps developing parishes and the Diocesan Administration) via the online Donate Page on the www.cabinteelyparish.ie

Donations to the **Easter Dues** which supports priests can also be given online.

Many thanks for your continuing support during these very difficult times. *Fr Aquinas*