



# St Brigid's Parish Cabinteely



**August 1st 2021 - 18th Sunday in Ordinary Time**

"You cannot see the forest for the trees" is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don't like, want, and don't want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don't move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the "now" time of our lives satisfy us. Even the people who witnessed Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, uncertain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.

Parish of St Brigid's Cabinteely

[www.cabinteelyparish.ie](http://www.cabinteelyparish.ie) [info@cabinteelyparish.ie](mailto:info@cabinteelyparish.ie)

Fr. Aquinas Duffy 01 5672374 [pp@cabinteelyparish.ie](mailto:pp@cabinteelyparish.ie)

Fr Arthur O'Neill and Fr Tom O'Keeffe

Parish Office/Sacristy 01 2858835

Monday - Friday 9 - 1pm

Registered Charity Number (RCN) 20016166 and CHY 7424

## WEEKLY NEWSLETTER

**August 1st 2021**

### MASS INTENTIONS

St. Brigid's is open daily for Public Mass

#### Weekdays

Mon. Tues. Thurs. Fri. at **10am**

No mass on Wednesday

Bank Holidays at **11am**

#### Weekends

**Sunday: 10.00am only**

All masses available online

[www.churchservices.tv/cabinteely](http://www.churchservices.tv/cabinteely)

Numbers are limited to allow for social distancing

#### We remember on Sunday 1st

Christy Walsh – 13<sup>th</sup> Anniversary

Howard Napier – 14<sup>th</sup> Anniversary

Christopher Hegarty – 5<sup>th</sup> Anniversary

Patricia Kerr—Anniversary

#### Recently Deceased

Monsignor Conor Ward

#### Anniversaries:

Miriam Monks

Mae & Dan O'Connor

#### **Bank Holiday Mon 11am -**

Eugene Campbell—3rd Anniversary

**Tues 10am -** Mass of Thanksgiving

#### **Thurs 10am -**

Monsignor Conor Ward—Recently Deceased.

Birthday Remembrance

**Fri 10am -** 1st Friday

**PLEASE TAKE HOME A COPY OF THIS**

## Great News !!

St. Brigid's Parish Cabinteely has been successful in securing a grant of **8k** from the Allchurches Trust to assist with our refurbishment costs. Fingers crossed work will be commencing later in the year. Many thanks to those who have and continue to support our Church Renovation fund.

### About Allchurches Trust:

All Churches Trust is one of the UK's largest grant-making charities. Their mission is to equip and empower Christian organisations to have a positive and transformative impact on lives and communities.

Follow **All Churches Trust** on facebook and Twitter [@AllchurchesT](https://www.allchurches.co.uk), [@allchurchestrust](https://www.allchurches.co.uk) or visit our [https://www.allchurches.co.uk/](https://www.allchurches.co.uk) for more information

## THE LOUGH DERG PILGRIM PATH

The Lough Derg Pilgrim Path on the lough shore is now open daily. The full route is a 12km loop, with a shorter 8km option, and several information boards highlight features of particular interest. Leaflets are available at the Visitors Centre. A guided walk experience will be offered on Sunday 25th and Saturday 31st July, with Mass outdoors, weather permitting. Further dates for these guided walks will follow for late Aug. & early Sept. For bookings and further information email [info@loughderg.org](mailto:info@loughderg.org) or telephone [0\(0353\) 71 9861518](tel:0(0353) 71 9861518). [www.loughderg.org](http://www.loughderg.org)

## AWARE - SUPPORT & SELF CARE GROUPS

If you wish to connect with people in relation to your mental well-being, please consider using the Phone In and Zoom Support & Self Care Groups, the Support Line or Support Mail. These services provide support, coping skills and information and most importantly help people who are in distress to know and feel that they are not alone in their experience. For more info. about the groups <https://www.aware.ie/support/support-groups>

**Pathways** is a two-year, one evening a week, Adult Faith Development course on Thursday evenings. Run by the Archdiocese of Dublin in DCU St. Patrick's Campus Drumcondra Road. Late Sept to May (7pm - 9.30pm). Application now open for Sept. '21. Early application advised. Contact: **Pathways** Director, Eileen Houlahan at 01 8087594 or [pathways@dublindiocese.ie](mailto:pathways@dublindiocese.ie). Web: [www.evangelisation.ie](http://www.evangelisation.ie)

## Website of the Week: Blessings for Sound and Light

'The art of blessing, the art of calling in the invisible help of the divine, is ever present to the Celtic mind,' writes the musician and composer Owen Ó Súilleabháin. He composed the score for a short film in which US-based Emmy-award winning filmmaker, Andrew Hinton, has adapted two of David Whyte's 'Blessing' poems in a short film. 'Blessing for Sound' and 'Blessing for the Light' are interpreted through a visual journey across the Irish landscape. The music incorporates a 1905 wax cylinder recording of a song called 'Cé Phort Láirge' (Waterford Quay). It is one of the oldest recordings of traditional Irish music in existence. Access this inspiring combination of words, images and music at [www.newpilgrimpath.ie](http://www.newpilgrimpath.ie).

## The Pilot High Security Locks Scheme 2021 for Home Owners 65 years of age and over living in Dún Laoghaire-Rathdown is now live.

All information & the online application form is available at the link below

<https://www.dlrcoco.ie/en/community-funding-support/dlr-pilot-high-security-locks-scheme>

For further details, contact the Community Section of Dún Laoghaire-Rathdown County Council on 01 205 4893 or email [community@dlrcoco.ie](mailto:community@dlrcoco.ie).

**" St. Vincent de Paul** will resume their monthly church gate collection next Sunday, **8th August** . St Vincent de Paul envelopes are available at the back of the church and donations can either be given to collectors on the day or handed into the parish office during the week. Your continued generosity enables us to bring hope to those who are struggling at this time and is very much appreciated."

## Supporting St. Brigid's Parish-

Registered Charity Number (RCN) 20016166 and CHY 7424

The Easy Payments online donate button is below through which you can set up once off or monthly payments to all the collections. Also here are Print Version of Standing Order Forms

For First and Second Sunday Collections  
[standing-order-collections](#)  
For Parish Planned Giving to support the Parish  
[Standing Order FAMILY OFFERING](#)  
For Church Renovation Fund  
[Standing Order FUNDRAISING](#)



## COVID-19 - Support Line for Older People

**ALONE** manage a national support line & supports for older people who have concerns or are facing difficulties relating to COVID-19. Professional staff are available to answer queries & give advice. The line is open 7 days, 8am- 8pm, by calling. **0818 222 024**.

## Accessing the Church Webcam

It is always best to access the Church webcam directly by going to [www.churchservices.tv/cabinteely](http://www.churchservices.tv/cabinteely) rather than via the website where a queue can develop and people get timed out when all accessing at 10 AM

## Thank You for Your Generosity

Thank you to those who continue to contribute to the 1st Collection (Common Fund which pays an allowance to priests) and the 2nd Collection (Share which supports developing parishes & the Diocesan Administration) in addition to the planned Giving which supports the running of the parish. There are permanent boxes in place for 1st & 2nd Collections. There is also a double envelope for the 1st & 2nd Collections. **If you put your name and address on the envelope we can claim the tax back on it.**  
*Fr Aquinas*