



St Brigid's Parish Cabinteely



January 22nd 2023—3rd Sunday in Ordinary Time

When I was a young seminarian, I asked a wise old priest how to pray better. He said simply, "Don't lie when you pray." He helped me to see how much energy I waste in trying to appear acceptable to God when I pray. For me, prayer was showing off for God and hiding what was ugly. It's stunning that the Gospel of Matthew tells us of Jesus, "He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali..." This isn't just the Lord's relocation up north. It's his moving into places of shame and defeat. This region was where the enemy invasion of Israel began centuries before. Jesus left the comfortable confines of Nazareth and sought out a place of darkness, not to bring shame, but to announce the dawning of his light.

When we pray, we usually prefer Jesus to stay put in our little Nazareths — where we feel comfortable, successful, and in control. But he moves. He re-locates into the Zebulons and Naphtalis of our shame, embarrassment, fear, and sense of being defeated. The question for us is: will we allow him to take up residence in those places in our prayer time? Will we talk to him honestly about our places of darkness? If we do, we're no longer lying when we pray. — **Father John Muir**



Parish of St Brigid's Cabinteely

www.cabinteelyparish.ie : email info@cabinteelyparish.ie

Fr. Aquinas Duffy 01 5672374 pp@cabinteelyparish.ie

Fr Arthur O'Neill and Fr Tom O'Keeffe

Office/Sacristy 01 2858835. Monday - Friday 9 - 1pm

WEEKLY NEWSLETTER

MASS INTENTIONS

Weekdays

Mon. Tues. Thurs. Fri. at **10am**

No mass on Wednesday.

Bank Holidays at **11am**

Weekends

Vigil Mass (Saturday) **5.30 PM**

Sunday: 10.00am & 12.30am

All masses available online

www.churchservices.tv/cabinteely

Sat Jan 21st —5.30pm

Kevin Duffy— 4th Anniversary

John Connolly—2nd Anniversary

Michael Boylan—Anniversary

Sun Jan 22nd 10am

Michael Bolger—14th Anniversary

Fearghal O'Farrell— Anniversary

Dermot Roughan—Anniversary

Sr. Bridie Rogers—Rec. Deceased

Sun Jan 22nd —12.30am

Sean Blake—1st Anniversary

Danny Deegan— 2nd Anniversary

Breda O'Leary—1st Anniversary

Gerry O'Leary—13th Anniversary

Recently Deceased

Anthony Fox

Gerard Stearn

John McLaughlin

Mon 10am

Special Intention

Tues 10am

Declan Harnett—Recently Deceased

Special Intention

Anne Carter—Recently Deceased

Thurs - 10am

Lily & John O'Shea—Anniversaries

Dermot Roughan - Anniversary

Fri Jan—10am

Elizabeth Farrell— Recently Deceased

PLEASE TAKE HOME A COPY OF THIS NEWSLETTER

KNOCK PILGRIMAGE

Date for your diary: Our 2023 Diocesan Pilgrimage to Knock, which will be led by Archbishop Farrell, will take place on Saturday, April 29. Please email knockpilgrimage@dublindiocese.ie if you have any queries.

World Youth Day

World Youth Day 2023 is taking place in Lisbon.

Details of the packages are available by contacting natalie.doherty@dublindiocese.ie.

Lumen Dominican Centre brochure now available online at www.lumenop.ie

Please contact us if you want further details on 012882075, 0858727482 or info@lumenop.ie

Forgiveness: The Welcoming Prayer

"St Francis of Assisi entered pain and suffering rather than trying to avoid it. This wasn't an act of moral achievement or heroic obedience. It didn't feel like winning, but more like losing, dying, and letting go. The religious word for letting go is forgiveness.

Forgiveness is giving up your investment in and identification with your own painful story. This comes from a deep place of inner freedom and awareness of goodness—God's, your own, and the goodness of the person you choose to forgive." These words are from Richard Rohr, the internationally Franciscan author and spiritual teacher. They are a preface to 'The Welcoming Prayer' - a valuable practice of letting go and forgiving. Read more at

www.newpilgrimpath.ie

Volunteers needed for the following Ministry teams

Ministers of the Eucharistic & Word,
Sacristan Support, Cleaners for the church
Hospitality -Teas/Coffee after Sunday's 10am mass.
Full training on all roles will be provided. Please contact the parish office or leave your name in the Sacristy after mass.

CE Employment Scheme.

Are you eligible for Community Employment ? We have vacancies for the following positions in St. Brigid's Parish, Cabinteely.

Office Admin/Reception & Caretaker.

Step 1. Please contact the Dept. Of Social protection to establish your eligibility.

Step 2. Once the dept. confirms eligibility contact Melissa Tobin on 01-2822704 for more info on how to apply

Supporting St. Brigid's Parish-

Registered Charity Number (RCN) 20016166 and CHY 7424

The Easy Payments online donate button is below through which you can set up once off or monthly payments to all the collections. Also here are Print Version of Standing Order Forms For First and Second Sunday Collections [standing-order-collections](#)

For Parish Planned Giving to support the Parish

[Standing Order FAMILY OFFERING](#)

For Church Maintenance Fund



Cabinteely Library - St Brigid's Day

Make a St Brigid's Cross with Wicklow Willow

Family Event, Individuals welcome too.

Wednesday 25th January 3pm-4pm.

Cabinteely Library

Booking required by emailing

cabinteelylib@dlrcoco.ie

or phone 012855363

all materials supplied, numbers limited.



Cabinteely Church Hall Toddler Group

Tuesdays 10.00 - 11.30
(during termtime)

Toys, games, books, singing and lots of new friends
healthy snacks for little ones and tea/coffee for grownups

**First session
FREE**

welcome all age babies and toddlers
pay as you go only € 4

All parents and carers welcome!

"**ALONE** supports older people to age at home combatting loneliness and isolation. Would you like to volunteer from the comfort of your own home? We are **seeking volunteers** to make Support & Befriending calls to older people. Please visit our website at www.alone.ie or call our National Support and Referral line on [0818 222 024](tel:0818222024) to find out more about volunteering with **ALONE**."

Why not volunteer with a difference?

Saint Joseph's Shankill is the largest home in Ireland solely dedicated to dementia care. Join our amazing team of volunteers to make moments matter for the people in our care. Due to the nature of our work you must have received a COVID vaccine and you will be required to wear a surgical mask while volunteering. To find out more contact Nicola: 2823000/087 1637363 nicola.yau@sjog.ie.

AWARE - SUPPORT & SELF CARE GROUPS

If you wish to connect with people in relation to your mental well-being, please consider using the Phone In and Zoom Support & Self Care Groups, the Support Line or Support Mail. These services provide support, coping skills & information & most importantly help people who are in distress to know they are not alone in their experience. For more info. <https://www.aware.ie/support/support-groups>

Thank You for Your Generosity

Thank you to those who continue to contribute to the 1st Collection (Common Fund which pays an allowance to priests) and the 2nd Collection (Share which supports developing parishes & the Diocesan Administration) in addition to the planned Giving which supports the running of the parish. There are permanent boxes in place for 1st & 2nd Collections. There is also a double envelope for the 1st & 2nd Collections. **If you put your name and address on the envelope we can claim the tax back on it.**

Fr Aquinas