



St Brigid's Parish Cabinteely

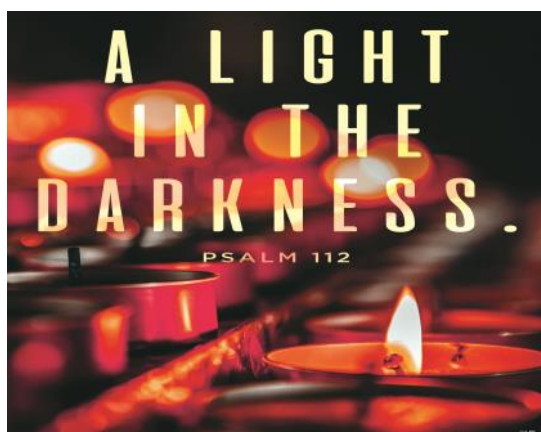


February 5th 2023 - 5th Sunday in Ordinary Time

I recently decided to learn to cook. As I sit at the feet of various YouTube cooking masters, I notice how much of cooking is adding ingredients that don't provide any more nourishment, like herbs and other seasonings. But man! They make all the difference because they make the meal delightful to eat and share.

Jesus calls his disciples "salt of the world." No one eats just salt. So, Christians are not meant to replace or do away with the world. They are meant to be agents of preservation and glorification. Notice how often these days the Church seeks to preserve what is threatened: the goodness of marital and family love, the desires of young people for greatness, the value of honest work, healthy economics, and altruistic political engagement, the dignity of the poor and vulnerable. Over and over, we say to a world who wants to throw things out, "It's worth saving! We'll preserve it! We'll show you it's wonderful." If we can't engage the world like that, Jesus says we are the ones who get thrown out, because salt alone is worthless.

Jesus only asks us to do for others what he does for us. He is the "salt" of everything in our lives. Is there something in your life starting to rot a bit? Something tasting bland and boring? Let Jesus salt it and see if you like it better. — Father John Muir



Parish of St Brigid's Cabinteely

www.cabinteelyparish.ie : email info@cabinteelyparish.ie

Fr. Aquinas Duffy 01 5672374 pp@cabinteelyparish.ie

Fr Arthur O'Neill and Fr Tom O'Keeffe

Office/Sacristy 01 2858835. Monday - Friday 9 - 1pm

WEEKLY NEWSLETTER

MASS INTENTIONS

Weekdays

Mon. Tues. Thurs. Fri. at **10am**

No mass on Wednesday.

Bank Holidays at **11am**

Weekends

Vigil Mass (Saturday) **5.30 PM**

Sunday: 10.00am & 12.30am

All masses available online

www.churchservices.tv/cabinteely

Sat Feb 4th —5.30pm

Paulo Sergio Monteiro de Carvalho –
Anniversary

Gerry Stearn – Recently Deceased

Sun Feb 5th— 10am

Declan Harnett—Months Mind

Sun .Feb 5th —12.30am

Deirdre Breheny—20th Anniversary

Marjorie Carton—Recently Deceased

Mary Harty—Anniversary

Recently Deceased

Loretta Nelson

Bank Holiday Monday - 11am

Liam Clifford - Months Mind

Tues - 10am

Declan Harnett—Recently Deceased

Thurs - 10am

Eddie O'Donovan—Recently Deceased

Fri Jan—10am

Tom O'Connell—Recently Deceased

PLEASE TAKE HOME A COPY OF THIS NEWSLETTER

WORLD DAY OF THE SICK 2023

11th Feb 2023 marks the 31st celebration of World Day of the Sick instituted by Saint John Paul II and is celebrated on Saturday 11th Feb. 'Take Care of Him – Go and Do the Same Yourselves' 'Illness is part of our human condition.

Yet, if illness is experienced in isolation and abandonment, unaccompanied by care and compassion, it can become inhumane.' (Pope Francis 2023). In that spirit, we place those who are sick in mind, body or spirit at the centre of our time of prayer with God who is charity and love. Let us surround them with compassion.

Used Postage Stamps. Please drop your used stamps into the box in the Parish Centre & at the back of the church. These are sent to raise funds for **Bone Cancer Research**. Thank you to all who make the effort to contribute. See <https://www.facebook.com/groups/943082032840697> for more info

Healthy Food Made Easy —Arthritis Ireland & DLR present a 6 week course where you will learn to cook healthy meals on a budget. Starts Feb 20th 2023 in the Scouts Den 52, Patrick St. Dun Laoghaire. Contact Mairead at arthritis.ireland.dlr@gmail.com

BEREAVEMENT SUPPORT

The Irish Hospice Foundation provides a free Bereavement Support Line. This National Freephone Service is available from 10am to 1pm, Monday to Friday, by calling 1800 807077. Visit www.hospicefoundation.ie for more information.

“St Brigid’s conference of St Vincent de Paul will be holding their monthly Church Gate Collection after masses next weekend, **(the 11th/12th February)**. The local volunteers are very grateful for your generous support which is a lifeline for those in need of help. Donations can also be made online at SVP.ie or using envelopes available at the back of the church. If you find yourself needing our help, you can contact us on **01-8550022** please be assured of our complete confidentiality“

CE Employment Scheme.

Are you eligible for Community Employment ? We have vacancies for the following positions in St. Brigid's Parish, Cabinteely.

Office Admin/Reception & Caretaker.

Step 1. Please contact the Dept. Of Social protection to establish your eligibility.

Step 2. Once the dept. confirms eligibility contact Melissa Tobin on 01-2822704 for more info on how to apply

Supporting St. Brigid’s Parish-

Registered Charity Number (RCN) 20016166 and CHY 7424

The Easy Payments online donate button is below through which you can set up once off or monthly payments to all the collections. Also here are Print Version of Standing Order Forms For First and Second Sunday Collections [standing-order-collections](#)

For Parish Planned Giving to support the Parish

[Standing Order FAMILY OFFERING](#)

For Church Maintenance Fund



John O'Donohue Musical Tribute

“Somewhere, out at the edges, the light is turning... and the freed air goes wild with light...May I live this day compassionate of heart, clear in word, gracious in awareness, courageous in thought, generous in love.”

These are the words of the late, great Irish poet, philosopher & writer, John O'Donohue, in a truly uplifting memorial video. Watch at:

www.newpilgrimage.ie.

On Wed. Feb. 8th Frank Hopkins will present 'St. Stephen's Green, Dublin - Its History, Environs, Sights, Sounds, Characters and Events' at 6pm to the Society in The Conference Room, Dublin City Library & Archive, 144 Pearse Street, D2. All are welcome - admission free & no booking required.

Sallynoggin/Glenageary Parish

Mass & Anointing of the Sick—Sun 19th Feb

We are pleased to welcome the priests and parishioners of surrounding Parishes to join us for Mass and Anointing of the Sick on Sunday 19th February at 2.30pm. Families and carers are asked to bring their elderly or housebound if possible. Refreshments will be provided in the Church after Mass.

The annual collection for **Accord Dublin** - Diocesan Agency for Marriage & the Family, will be made at all Masses on the weekend of **Feb. 11th & 12th**. Accord Dublin throughout the diocese offers Marriage Preparation courses – online, small groups; Counselling for couples and individuals experiencing difficulties in their relationships, currently online or by phone; A Relationship and Sexuality, Programme for schools. Accord Dublin needs your support this year more than ever. Please give generously on Feb 11th/12th .

Have you ever dreamed of doing the Camino de Santiago. [Breakthrough Cancer Research](#) are taking on the Camino Ingles from the 15th-22nd May '23. Enjoy this amazing adventure with our experienced guide and help us Make More Survivors. Contact mary@breakcancer.ie or phone [021 422 66 55](tel:0214226655) for more details.

AWARE- SUPPORT & SELF CARE GROUPS

If you wish to connect with people in relation to your mental well-being, please consider using the Phone In and Zoom Support & Self Care Groups, the Support Line or Support Mail, These services provide support, coping skills & information & most importantly help people who are in distress to know they are not alone in their experience For more info. <https://www.aware.ie/support/support-groups>

Thank You for Your Generosity

Thank you to those who continue to contribute to the 1st Collection (Common Fund which pays an allowance to priests) and the 2nd Collection (Share which supports developing parishes & the Diocesan Administration) in addition to the planned Giving which supports the running of the parish. There are permanent boxes in place for 1st & 2nd Collections. There is also a double envelope for the 1st & 2nd Collections. **If you put your name and address on the envelope we can claim the tax back on it.**

Fr Aquinas